

Introduction

The idea for this information sheet came from telephone interviews, a survey and in consultation with autistic adults as part of the work on the Capabilities statement for social work with autistic adults and in the development of this toolkit.

People told us it would be

What social workers do:

- Find out the best way to communicate with you
- Listen to you
- Get to know you
- Find out how autism and any other health conditions affect you
- Support you to do the things you are good at
- Find out the best way to work with you
- Go at your pace
- Identify the obstacles for you
- Understand how demands can impact on your ability to process information

Explain what your rights are

- Make a clinical diagnosis of autism
- Focus purely on a diagnosis of autism
- Focus on what you can't do
- Make assumptions
- Apply rules to autistic adults that do not apply to other people about behaviour